

Local Wellness Policy Progress Report

School Name: Orchard Place Campus

Wellness Policy Contact: Amber Rand

Date Completed: 6-20-23

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Stephanie Zuehlke (Associate Principal)	X			Nutrition education is part of the PE health curriculum and embedded within 8 th grade science curriculum.	Will add more 4 th and 5 th grade science lessons which will incorporate more nutrition education.
2. Nutrition education is incorporated into therapeutic gardening groups.	Terry McCabe (Club Chris Coordinator)	X			Youth attending gardening group learn about food production, harvesting and preparation.	Have been able to consistently keep staff person in the role which has helped with implementation of this goal.

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Youth will participate in 30 minutes of physical activity per day.	Staci Mease (Milieu Treatment)	X			Exercise Group is built into all units daily schedule.	Continue to encourage youth to participate regularly and offer incentives for doing so, when

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	Director)					needed.
2. Youth will have opportunity to participate in extracurricular recreational clubs/activities.	Amy Payne-Johnson (Activities Director)	X			Offered RUN group the past 2 years. Also offering physical activity Enrichment clubs this summer. Offering Weightlifting Group.	When no longer able to offer Girls on the Run group, staff member created own RUN (Rise Up Now) curriculum to incorporate physical activity with self-esteem and resiliency activities.

Other School Based Activities Goals

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1. Incorporate physical activity to help youth with emotional regulation during school day.	Julie Honnold (Behavior Interventionist)		X		Sensory paths have been created in school buildings and gym. Some teachers have regularly used these with youth.	We did not have a consistent TBRI School mentor this past year due to medical leave. This should be resolved in coming school year.
2. Incorporate physical activity with longer classroom breaks to do emotional regulation during school day.	Julie Honnold (Behavior Interventionist)		X		All teachers were trained on Crash and Bump room but few have used it. There is hesitancy to have youth gone from classroom for longer than 5 min. at a time.	Need to refresh school personnel on Crash and Bump room use at start of next school year.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.) *N/A-Don't Sell To Students*

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Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

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1. Offer youth snack choices as part of Circle of Courage incentive parties	Julie Honnold (Interventionist) & Stephanie Zuehlke (Associate Principal)	X			Always offer a fruit or fruit related product along with other food items at these events. Youth are often more drawn to the healthier food choice.	Consider offering a small portion of the healthier snack choice in order to encourage taking of the healthier choice too.

Polices for Food and Beverage Marketing-*N/A Don't Market to Students*

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